

# *Tiny Dancers*

WHAT TO EXPECT

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## About Tiny Dancers

**Tiny Dancers is Queensland Ballet's early childhood ballet program for children aged 12 months to 5 years.**

These ten-week courses stimulate the imagination, musicality and natural movement in each child. They are also a great way to improve coordination, strength, listening, language and vocabulary.

Set within a framework of storytelling, exploration and artistic play, our programs encourage creative moment, personal expression and greater confidence. And as carers are expected to join in the fun, Tiny Dancers is a truly magical way to spend time with the child in your life!

## Where are classes held?

**Queensland Ballet's Thomas Dixon Centre  
Corner Drake and Montague Road, West End**

Limited, free parking is available, with entry via Drake Street (please avoid reserved parks on weekdays). Additional street parking is also available.

Class entry from the car park is via the Green Room. Doors to the building open 15 minutes before the first class of the day.

**Tiny Dancers features three age-specific courses, with term dates aligned with the Queensland state school calendar.**

**Before each course begins, we offer casual Taster Classes so you can experience a Tiny Dancers session before committing to the full program.**

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**Mummy and Me** 1 – 2 years

**Twinkle Toes** 2 – 3 years

**Tippy Toes** 4 – 5 years

Children aged two years can participate in either Mummy and Me or Twinkle Toes. You are welcome to select the class that best suits the individual needs and personality type of your child. As a guide, by 2.5 years, all children should be confident to participate in Twinkle Toes.

# Queensland Ballet

## What can I expect of the class itself?

Tiny Dancers courses are designed to creatively inspire your little one while learning the foundations of ballet. The courses have been written by experts to ensure the content is of the highest quality and is underpinned by artistic excellence, like all activities at Queensland Ballet. In each class we strive to create a structured learning environment with a focus on having fun!

The class is set up in a course format to allow the group to progress week-to-week. Each lesson plan has been carefully created to focus on core movement, musicality and coordination skills. Your child will love getting to know his or her teacher and classmates as they learn and grow together during the ten weeks.

With four terms a year, the program is aligned to the school calendar and designed so that each ten-week course focusses on a different core skill such as skipping or galloping.

## Can I stay in the room?

We actually want you to and need you to! Every Tiny Dancer is required to have at least one parent or carer in the room at all times because we all know little people can get a bit nervous sometimes. As a general guide, parents are expected to:

- fully participate in Mummy and Me
- participate as required in Twinkle Toes
- support and enjoy Tippy Toes.

We love sharing the magic of ballet with children and parents and carers alike (and grandparents and aunts and uncles). Siblings are welcome to come along if they can sit quietly during class.

## Does the course end with a concert?

Performance opportunities are certainly an exciting part of ballet but we feel they should be reserved for the right time.

In order to foster an uninhibited love of dancing we feel there is no need to fork out for expensive costumes and showcase tickets, instead Tiny Dancers is purely a magical introduction to ballet class.

## Who are the teachers?

Our Teaching Artists have extensive backgrounds in ballet and are carefully selected and trained to ensure your child has the best possible experience. Each Teaching Artist will be thrilled to share their ballet journey with you while starting your little one on theirs!

## Can boys participate in Tiny Dancers?

Yes! Dancing is for everyone, and boys can enjoy the magic of ballet just as much as girls. After all, Queensland Ballet's Company and staff include many renowned male dancers! Our Teaching Artists work hard to make the lessons appropriate for both boys and girls.

## Is the course and facilities accessible to all?

Tiny Dancers should be able bodied and cognitively able to participate in class at a level appropriate to their age.

While the entrance to our building is fully accessible, the Tiny Dancers studio is only accessible via a stairwell. Prams cannot be taken upstairs, but can be stored in the Green Room. Front of House staff cannot take responsibility for any lost or stolen items, so please take all other belongings upstairs with you.

If you are unsure if the course will be suitable for your child's needs, please contact us to discuss any concerns via [learn@queenslandballet.com.au](mailto:learn@queenslandballet.com.au) or 07 3013 6666.

## Is there an opportunity for my little one to meet a QB Dancer?

Our QB Junior Friends program gives young Queenslanders aged 2-17 exclusive access to events with our Company dancers as well as a range of activities throughout the year. [Find out more here!](#)

## What should I expect when I arrive the first time?

Once you enter the building, our friendly Front of House staff will check you into class and point out the studios, toilets and water fountain. You will then be asked to wait in the Green Room until your child's teacher comes down to collect everyone.

## What next?

If your Tiny Dancer has started in Mummy and Me or Twinkle Toes, they can advance into the next age bracket. For those dancers wanting to continue ballet after Tippy Toes, there are a range of wonderful studios offering a variety of classes for older children.

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[queenslandballet.com.au/danceclasses](https://queenslandballet.com.au/danceclasses)

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